

Helpful Hints

GLAUCOMA DROPS

#knowyourdrops

February 2022

NAME of the drop

WHEN to put drops in

Which EYE?

It is good to know your eye drops and the reason for using them so you are involved in the health management program.

IMPORTANT



NEVER
share



Check the
EXPIRY date of
the drop



DISCARD
eye drops **28 DAYS**
after first opening



Put eye drop
FIRST then
ointment



Leave **5 MINUTES**
between the
eyedrops



Put in drops
EVERYDAY



Talk to doctor about
SIDE EFFECTS



Get **PRESCRIPTION**
from GP if in need



Do **NOT** wear
CONTACT LENS
when putting drops in



STORE your
drops according
to instructions



WHAT eye drops,
WHEN, WHICH EYE



PRESS the **INNER**
corner of the **EYE**



Regular
REPEATED
ALARMS



Include in **DAILY**
ROUTINE



TICK in Calendar